



# De La Salle Santiago Zobel School

Ayala Alabang Village, Muntinlupa City, Philippines 1780 • 8771-DLSZ (3579) • [www.dlszobel.edu.ph](http://www.dlszobel.edu.ph)

February 12, 2025

Dear Parents/Guardians,

Greetings!

The DLSZ Physical Education (PE) and Health Unit is dedicated to providing diverse physical activity programs that promote student and community participation, fostering physical literacy and overall well-being. In line with this commitment, we are pleased to invite your child to join the **SHAPE Zobel: After-School Floorball Training for Starters**—a program designed to offer a fun, safe, and inclusive environment where students can actively engage in physical activities beyond school hours.

This initiative aims to introduce floorball as an emerging sport in the country, encouraging students to adopt it as part of a healthy and active lifestyle. Additionally, it seeks to develop critical decision-making skills by allowing players to analyze game situations and apply strategic techniques in real-time. The program also nurtures leadership, teamwork, and confidence, empowering students to take initiative, collaborate with teammates, and adapt to various challenges during training and competitions.

The **DLSZ Floorball Program** has consistently been the top-performing youth floorball program in the country, excelling in various national events such as the **Philippine Floorball League** (3-Peat Champions) and the **Philippine Floorball Cup**. Moreover, DLSZ has played a pivotal role in the country’s international floorball success, producing several members of the **Philippine Floorball National Team** in both the Senior Men’s and Youth categories.

We invite all students from **Grades 3 to 9** to participate in this exciting opportunity. Please find the program schedule below:

Date	Day	Schedule	Venue
February 17 and 24 March 3 and 10	Monday	GS 3:30 PM to 5:00 PM JHS 3:45 PM to 5:15 PM	Indoor Oval Sports Pavilion
February 20 and 27 March 6 and 13	Thursday	GS 3:30 PM to 5:00 PM JHS 3:45 PM to 5:15 PM	Indoor Oval Sports Pavilion
February 22 March 1, 18 and 15	Saturday	GS and JHS 12:15 PM to 2:15 PM	Practice Court Sports Pavilion

This program is **completely free of charge** and serves as an extension program of the **PE and Health Unit**.


To register, please use the following link: <https://tinyurl.com/Aft-Sch-Flo-Tra-Prog>.

For any inquiries, feel free to contact **Mr. Jay-R Beterbo, Physical Education and Health Unit Head** at [jayr.beterbo@dlszobel.edu.ph](mailto:jayr.beterbo@dlszobel.edu.ph).

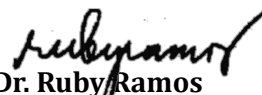
We look forward to your child's participation and are excited to create a memorable and enriching experience for all. Thank you for your support!

In St. La Salle,

  
**Mr. Jay-R Beterbo**  
PE and Health Unit Head

Noted by:  
  
**Dr. Genevieve Pillar**  
Applied Sciences Chair

Endorsed by:  
  
**Ms. Leah Marie Castillo**  
Associate Principal for Learning Standards

Approved by:  
  
**Dr. Ruby Ramos**  
School Principal