



The DLSZ Ballet Program aims to discover, develop, and nurture talents in dance. In order to help our students reach their maximum potential, our course offers a strong foundation in classical ballet technique that is further reinforced by training in contemporary and neo-classical styles of dance.

We believe that learning dance as an art form and a skill helps students in many facets of their everyday lives—not just in the ballet studio and on stage, but also in their academic pursuits. Our students benefit from a healthy form of exercise and also find relief from the inevitable pressures and stress of schoolwork thanks to the concentration, focus, mental agility, and creativity that are expected of them in a ballet class and which are cultivated through the incorporation of discipline and fun. As they move from mastering the fundamentals to more complex step combinations, students also gain self-confidence, poise, and social skills.

**Dance Directors:**

- Ela Rodriguez (Pre-Ballet to Ballet 3)  
DLSZ Ballet Teacher (2001 to present), Performing Artist, Ballet Philippines (1985 to 2001), and Senior Faculty, BP Dance School (1994 to present)
- Kim Aragon (Ballet 4, 5 and 6)  
DLSZ Ballet Teacher (2022 to present), Performing Artist and member of Dance Theater Arts (2009 to 2019), Ballet Philippines (2012 to 2018), Romancon Dance Company (2008 to 2012), Orange Dance Studio (2006 to 2008), and Bodypointe Body Centre (2001 to 2009)

**Ballet Schedule:**

Mondays and Thursdays

1. Pre-Ballet 11:50 am to 12:50 pm (1 hour)
2. Ballet 1 1:40 pm to 2:40 pm (1 hour)
3. Ballet 2 2:40 pm to 3:40 pm (1 hour)
4. Ballet 3 3:40 pm to 4:40 pm (1 hour)

Tuesdays and Fridays

1. Ballet 4, 5 and 6 3:30 pm to 4:30 pm (1 hour)
2. Junior Ballet 5:00 pm to 6:30 pm (1.5 hours)

**Ballet Fees:** On their first class, students will need to show their teacher their receipt for the month, and consecutively, payments are due every Monday on the 4<sup>th</sup> week of the month. (Late payments will be assessed an extra P600.)

P5,000/month for 8 sessions or 2 classes a week (1 hour duration July 8, 2024 to May 2025)

P5,500/month for 8 sessions or 2 classes aweek (1.5 hours duration July 8, 2024 to May 2025)

\*All payments shall be coursed through DLSZ accounting.

**Note: BALLET CLASSES WILL START ON JULY 8, 2024**

We shall be holding a **Free Trial Class** for **Beginners only** on Thursday, July 4, 2024 at the Center for Performing Arts or CPA Dance Studio, DLSZ School.

Below is the schedule:

Pre-Kinder, Kinder and Grades 3 to 6	12:00 nn to 12:45 pm
Grades 1 and 2	12:50 pm to 1:35 pm

Attire: Leggings, a fitted shirt and a pair of socks


For slots in the trial and other inquiries on the ballet program, you may contact either Teacher Ela at the mobile number 09175053667 (Email: [ela.ballet@gmail.com](mailto:ela.ballet@gmail.com)), or Teacher Kim at the mobile number 09166302581 (Email: [alanekim\\_aragon@yahoo.com](mailto:alanekim_aragon@yahoo.com))

Thank you.

Sincerely,



Rocella Rodriguez  
DLSZ Ballet Teacher



Alane Kim Aragon  
DLSZ Ballet Teacher