



18 July 2024

TO : Lasallian Partners, Parents, and Guardians

RE : Guidelines in Securing a Return to School Medical Clearance

Greetings of Peace!

For reference and guidance, we are reiterating the importance and process of securing a **Return to School Medical Clearance** upon reporting back to school/work.

1. MEDICAL CLEARANCE

Regardless of the number of days of absence, all employees and students are required to get medical clearance from the school physician on duty before going to the classroom/office. On the day of return to school, the concerned employee/student must visit the clinic first for a brief physical assessment. If deemed fit to join on-site work/class, a medical clearance form will be issued and must be submitted to the immediate head/subject coordinator/class adviser thereafter. A medical certificate from your personal healthcare provider is requested to ensure that you are physically well and fit and can interact with others before you enter the campus. Then a clearance from the school clinic is necessary to reassess and make sure that you are physically and clinically okay before you enter your office/classroom.

Reason for absence	Number of days ABSENT	Do I need to go to the SCHOOL CLINIC to get MEDICAL CLEARANCE?	Do I need to present a medical certificate from my personal doctor?
MEDICAL <ul style="list-style-type: none">• Infectious cause	Half day to 2 days 3 or more days	YES YES	YES YES
<ul style="list-style-type: none">• Non-Infectious cause	Half day to 2 days 3 or more days	YES YES	No YES
NON-MEDICAL / No sickness (e.g. attended a wake/party, went on a trip, joined a competition abroad) <i>*For students with non-medical causes of absence, please proceed to your Learner Formation Coordinator to get your CLASS ADMISSION SLIP.</i>	Regardless of the number of days	No	No

Please be advised that excuse letters from parents/guardians of students are highly appreciated, for us to know the reason for being absent, but it should not be used and will not be accepted in lieu of a valid medical certificate.



2. ISOLATION PROTOCOLS

Sharing with you again the latest isolation protocols, **regardless of vaccination status**, for COVID-19 Confirmed cases and those with COVID-like symptoms from the Department of Health. Please be guided accordingly:

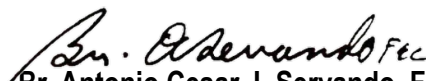
	MASKING / QUARANTINE / ISOLATION PROTOCOLS
Asymptomatic close contact exposed to confirmed COVID-19 positive individual	<ul style="list-style-type: none">No need to quarantine; <u>AND</u>Wear a well-fitted mask for at least 10 days.
Asymptomatic but confirmed COVID-19 positive case	<ul style="list-style-type: none">Home isolation for 5 days <u>OR</u> until afebrile/fever-free for at least 24 hours without using antipyretics (e.g., Paracetamol) and with improvement of respiratory symptoms, whichever is earlier; <u>AND</u>Wear a well-fitted face mask for at least 10 days. <p>Note: Isolation may be shortened upon the advice of your healthcare provider.</p>
Confirmed COVID-19 positive case with mild symptoms <u>OR</u> individuals with acute respiratory symptoms (regardless if testing was done and its outcome)	
Confirmed COVID-19 positive case with moderate to severe symptoms <u>OR</u> immunocompromised	<ul style="list-style-type: none">Isolation for at least 10 days from onset of signs and symptoms following the advice of the attending physician, including whether to be admitted in a health care facility; <u>AND</u>Wear a well-fitted face mask for at least 10 days. <p>Note: For severe disease and immunocompromised, discontinue isolation only upon the advice of your healthcare provider.</p>

For everyone's strict compliance. Thank you.


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